

## **Job description**

Do you genuinely care about making a difference and are motivated to improve mental health outcomes for people and their communities?

Do you want to use your experience of mental health difficulties and recovery to motivate, encourage and support people going through similar experiences?

The Derbyshire Federation for Mental Health is looking for a Living Well Derbyshire Peer Support Worker.

We are a charity supporting individuals living with or recovering from mental ill health. Our peer support workers work with people with mental health needs, and their carers, by being compassionate, non-judgemental and proactive.

### **Available part-time hours:**

Matlock - 18 hours per week contract

**Rate of pay:** £12.46 per hour plus 3% pension contribution

Working hours to be between 9am and 5pm Monday to Friday. Occasional evening work may be required by prior arrangement.

We are looking for an inspirational individual to join the Living Well Derbyshire team in the Derbyshire Dales in the role of Peer Support Worker. As a Peer Support Worker, you will have lived experience of mental health difficulties yourself, and preferable have some experience of engaging and working with individuals experiencing mental health issues, developing their understanding of recovery, and using your own experience and insight into recovery to encourage and inspire them.

Living Well is a new model of Mental Health Support which aims to put the person in need of support at the centre of their care, and is delivered in partnership with NHS, Social Care and voluntary sector staff in multi-disciplinary teams. The role will require you to support individuals to tell their story, capturing their goals and co-design a journey of support.

We advocate a positive work/life balance and provide a flexible working environment.

### **You must be a car owner and have a full licence**

All individuals regardless of race, age, disability, ethnicity, nationality, gender, gender reassignment, sexual orientation, religion or belief, marriage and civil partnership are encouraged to apply for this post. We would also encourage applications from individuals with a lived experience of mental illness, either individually or as a carer.

If you would like to have an informal discussion about this position, please call Tim Westwood on 01629 733915. It is recommended that you ask to see a copy of the job

description before applying and this can be obtained from Louise Marriott on 01629 733915, or on our website at <https://www.dfmh.co.uk/work-with-us>

**Application is by submission of a CV and covering letter (outlining how your skills and experience meet the requirements of the Person Specification)**