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## About Derbyshire Federation for Mental Health

For 40 years Derbyshire Federation for Mental Health (DFMH) has been supporting local people throughout Derbyshire to improve their mental health and wellbeing. Even with considerable changes over these past few years DFMH's ambition remains as strong as ever in the delivery of specialist practical support that is tailored to each individual's needs.

### **Vision**

To promote and support good mental health for everyone

### **Purpose**

To make a positive difference to those who access our mental health and Wellbeing services.

### **Values:**

***Respect*** - We respect every person's individuality and believe that everyone has the right to choose their own path to wellbeing.

***Integrity*** – We have strong moral principles amongst our teams and partnerships which are built on honesty and trust

***Resilience*** – We adapt and flex to the challenges faced by those affected by mental ill health

***Innovation and Creativity*** – We encourage active learning and the trialling of new methods of delivery that shape our mental health support services in the communities we serve

***Empowerment*** – We inspire and empower individuals to use their own strengths to make informed choices about their wellbeing.