## Job Advert - Mental Health Support Worker

## Job description

The Derbyshire Federation for Mental Health is a charity supporting individuals living with or recovering from mental ill health.

We are looking to recruit for the following position in the Derbyshire Dales area (Matlock Office base):

## **Mental Health Support Worker**

Post is for 21 hours per week, this will be a 1 year Fixed Term Contract, with a possible review in year.

Hours and days to be mutually agreed as dictated by the demands of the business.

## Salary scale from £12.21ph rising to £12.33 after a successful probationary period. (plus 3% pension contribution)

The position of Mental Health Support Worker involves supporting and motivating individuals to improve their mental health by helping them develop self-care skills, build resilience and better utilise community resources. The ideal candidate will have a passion for working with people, will be reliable, confident, have excellent communication skills, and be able to provide our clients with support and encouragement.

Do you genuinely care about making a difference and are motivated to improve the mental wellbeing of people living in Derbyshire? We're looking for individuals who are keen to make a difference to the lives of people and their communities. Ideally, you would have at least one year's experience of providing mental health support, paid or unpaid.

This post is subject to an Enhanced DBS check

We advocate a positive work / life balance and provide a flexible working environment.

You must be a car owner and have a full licence. This role will require the successful individual to be flexible and prepared to travel to the areas specified above in order to cover work as necessary. If you would like to have an informal discussion about this position, please ring Kerry Hall or Mel Cox in our Matlock office on 01629 733915.

Application is by submission of a CV and covering letter (outlining how your skills and experience meet the requirements of the Person Specification).

Supporting documents are available on our website at www.dfmh.co.uk/work-with-us, by emailing hr@dfmh.co.uk or by request from Louise Marriott on 01629 733915.